

The California Teachers Study *Quarterly Digest*

Hello, from the California Teachers Study!

We'd like to introduce you to your Quarterly Digest.

Have you ever wondered what's going on with the California Teachers Study (CTS)? Do you want to hear about our new study findings? Are you interested in learning more about upcoming research projects?

Meet your new Quarterly Digest.

Every few months the latest Digest will arrive in your inbox with fresh news and updates on what's happening with the CTS. We hope you enjoy these updates. We also hope you'll share your ideas about what you would like to see in future Digests—we'd love to hear from you!



Questionnaire 6

The same great research in a new format!

For the first time ever our study questionnaire—Questionnaire 6—is available online. With this new format, you can complete the questionnaire on your computer, smartphone, or tablet.

You'll receive an email invitation to complete Questionnaire 6 soon. In the meantime, you can [visit our website](#) to check out our how-to video and read tips and tricks for completing Questionnaire 6. Stay tuned for more details!

Inside the California Teachers Study

There's a story behind every great research study.

Now you can read the one you're a part of.

The idea of the California Teachers Study (CTS) was born far before the first paper questionnaire was mailed to you in 1995. In the decades that have followed that first study questionnaire, CTS researchers have been pioneers in the fight to understand the causes of cancer. In this [5-part series](#) you can take a trip through time and read all about the past, present, and future of the California Teachers Study.

New research findings, straight from your past questionnaire answers!

Can low-dose aspirin reduce breast cancer risk?

A new research study published in the scientific journal "Breast Cancer Research" found that those of you who took three or more tablets of low-dose aspirin a week had a reduced risk of breast cancer. The reduced risk was particularly evident for the hormone receptor-positive/HER2-negative subtype of breast cancer.

Visit our [study findings](#) page to learn more about medication use and risk of breast cancer.

What would you like to hear from us?

Calling new ideas and suggestions!

Is there something you'd like to see included in a future Digest? Please let us know!

Visit the [Contact Us](#) page on our website to share your comments and suggestions.

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